

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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WEEK 1 22 APRIL, 12 MAY, 9 JUNE, 30 JUNE, 21 JULY, 3 SEPT, 22 SEPT, 13 OCT

MAIN MEAL 1	Chicken Curry	Quorn Burger in a Bun	Roast Chicken with Sage & Onion Stuffing & Gravy	Pork Sausages with Gravy	Battered Fish Fillet
MAIN MEAL 2	All Day Breakfast (Omelette, Grilled Tomato, Beans)	Beany Seashell Pasta	Cheesy Spring Vegetable & Potato Bake	Sweet & Sour Quorn	Cheese & Tomato Pizza
SIDE DISH	Brown & White Rice or Hash Brown	Potato Wedges or Herby Garlic Bread	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Brown & White Rice	Potato Wedges or Tricolour Pasta
COLD OPTION	Tuna	Cheese Spread	Ham	Cheese	Egg
EXTRA OPTION	Jacket Potato & Cheese	Jacket Potato & Beans	Jacket Potato & Cheese/Beans	Jacket Potato & Tuna	Jacket Potato & Cheese/Beans
DESSERT	Various daily options available				

WEEK 2 28 APRIL, 19 MAY, 16 JUNE, 7 JULY, 8 SEPT, 29 SEPT, 20 OCT

MAIN MEAL 1	Bean & Cheese Slice	Chicken Pie with Gravy	Roast Beef with Gravy	Beef Burger in a Bun	Salmon & Sweet Potato Fishcake
MAIN MEAL 2	Macaroni Cheese	Mild Mexican Bean Chilli	Plant Sausages with Gravy	Roasted Summer Veg Pasta	Cheese & Tomato Pizza
SIDE DISH	Diced Potatoes or Herby Garlic Bread	Potato Wedges or Brown & White Rice	Roast Potatoes or Wholemeal Pasta	Wholemeal Pasta or Diced Potatoes	Chips or Tricolour Pasta
COLD OPTION	Egg	Ham	Tuna	Cheese Spread	Cheese
EXTRA OPTION	Jacket Potato & Beans	Jacket Potato & Cheese	Jacket Potato & Cheese/Beans	Jacket Potato & Tuna	Jacket Potato & Cheese/Beans
DESSERT	Various daily options available				

WEEK 3 6 MAY, 2 JUNE, 23 JUNE, 14 JULY, 15 SEPT, 6 OCT

MAIN MEAL 1	Chicken & Sweetcorn Meatballs with a Tomato Sauce	Beef Bolognese	Roast Pork with Sage & Onion Stuffing & Gravy	Quorn Hot Dog	Fish Fillet Fingers
MAIN MEAL 2	Breaded Bean & Vegetable Grill	Mild Sweet Potato & Chickpea Curry	Creamy Quorn & Sweetcorn Pasta Bake	Roasted Veg Lasagne	Cheese & Tomato Pizza
SIDE DISH	Spaghetti or Diced Potatoes	Pasta or Brown & White Rice	Roast Potatoes or Wholemeal Pasta	Potato Wedges or Herby Garlic Bread	Chips or Tricolour Pasta
COLD OPTION	Cheese	Ham	Tuna	Cheese Spread	Egg
EXTRA OPTION	Jacket Potato & Tuna	Jacket Potato & Cheese/Beans	Jacket Potato & Cheese	Jacket Potato & Beans	Jacket Potato & Cheese/Beans
DESSERT	Various daily options available				



Vegetables and a variety of salads are served daily.
 🍌 = Vegetarian 🌱 = Vegan.


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